

Access to Services

Forest View Hospital, located in Grand Rapids, Michigan, provides assistance 24 hours per day for referrals, assessments, and crisis admissions. We provide free assessments and will assist in obtaining authorization from commercial insurance or managed care plan when treatment is necessary. Treatment for children and adolescents at Forest View is covered by most health insurance plans. Forest View Hospital is licensed by the State of Michigan and is accredited by JCAHO.

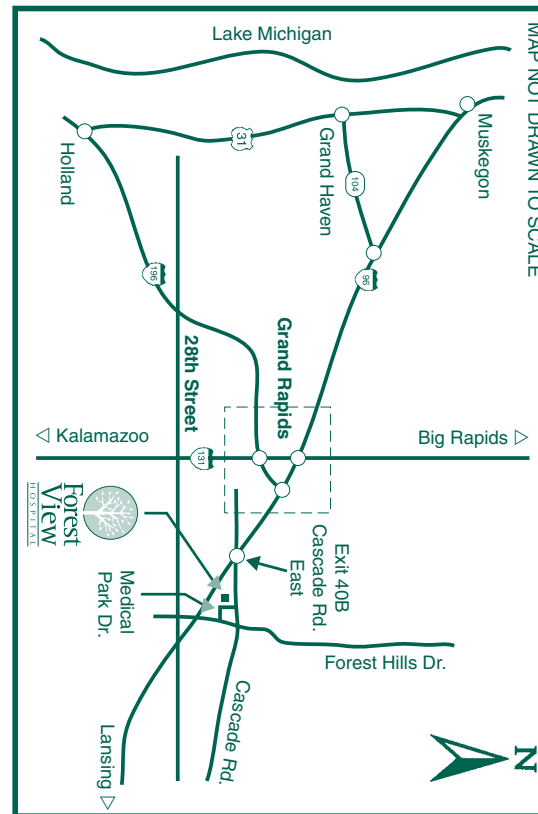
**For further information call:
Forest View Hospital
Assessment and Referral Center
1-800-949-8439**

Family Housing

Housing for families of patients is available at the Ronald McDonald House in Grand Rapids. The cost is \$10.00 per night per family and kitchen facilities are available.

FOREST VIEW HOSPITAL

1055 Medical Park Drive SE
Grand Rapids, MI 49546
616-942-9610
www.forestviewhospital.com



Other Services at Forest View Hospital

- General Adult Program
- Specialized treatment for psychological trauma
- Dual Diagnosis (Substance Abuse)
- Partial Hospital Program for Adults
- Intensive Outpatient for Adults and Adolescents
- Free assessments and referrals to all programs

FOREST VIEW HOSPITAL

Child & Adolescent Treatment Services



1055 Medical Park Drive SE
Grand Rapids, MI 49546
www.forestviewhospital.com

Child & Adolescent Treatment Program

Forest View Hospital brings over twenty-eight years of experience to the evaluation, diagnosis, and treatment of children and adolescents with emotional and behavioral difficulties. Forest View offers both general psychiatric services as well as specialized treatment for eating disorders.

Our mission at Forest View Hospital is to provide quality treatment with compassion and respect. Our goal is to assist each person to return to an emotionally healthy and productive life in the family and community. Because we believe that each person is unique, all treatment is individually designed to meet the specific needs of each individual.

The focus of treatment is practical and solution focused with an emphasis on symptom reduction and the learning of healthy coping skills.

Patient and Family Centered Treatment

Treatment at Forest View Hospital is focused on meeting the individual needs of each patient. Family members are included as an integrated part of the treatment team. We believe that family involvement is essential to effective treatment and increases the opportunity for a positive transition from hospitalization to the home, school and work environments.

Major Program Components

Medical Evaluation and Treatment

Family Therapy

Group Psychotherapy

Psychodrama

Art Therapy

Case Management and Aftercare Services

Cognitive Therapy

Behavior Management

Recreational Therapy

Treatment Team

In addition to the patient and family, the treatment team includes a psychiatrist, social worker/therapist, nurse, activity therapist, outpatient therapist and other mental health clinicians. Each team member has both the training and skills necessary to meet the unique needs of each person. The staff fosters a teaching environment that emphasizes individual patient responsibility and the development of tools to support a successful discharge plan.

Treatment Options

Acute Inpatient Treatment

Treatment is provided in a safe, structured environment with treatment modalities that are appropriate for the individual's developmental and family needs. Programming is designed to prevent the recurrence of the symptoms that necessitated hospitalization. Program services include group therapy, family therapy, lifestyle education, psychodrama, medication management, psychiatric consultation, case management, and discharge planning.

Partial Hospitalization Program

The Partial Hospitalization Program provides a structured plan of intensive treatment on an outpatient basis. Persons in this program receive a thorough psychiatric evaluation and attend six hours of programming per day and participate in group therapy, family therapy, and lifestyle education. This program may serve both as an alternative to inpatient treatment as well as a transitional step from the inpatient program to reintegration into the community.

Eating Disorders Treatment Services

Forest View Hospital provides specialized services for people struggling with an eating disorder. In addition to the core components of the general adolescent program, treatment for eating disorders at Forest View includes meal supervision, nutritional evaluation, education by a Registered Dietitian, and specialized groups for patients with an eating disorder. Treatment for eating disorders is available both in the acute inpatient and partial hospital setting.